



Dear Parents & Guardians,

I hope you had a good Christmas holiday and that you were able to connect with family and friends to build memories for the future.

I would like to thank all those who supported the different events in December including the Advent Dance, the Christmas Concerts, the Giving Tree, the Advent Mass and many more. With the combination of those events and your continued support, we were able to raise just over \$5200 for school programming. Thank you very much for your generosity and support!

We are starting the New Year and it brings a fresh start with new resolutions. January is a good month to go deep into our learning and continue to exercise our 7 Habits. Remember our Habits at Home Campaign, is an opportunity for you to discuss the 7 Habits and apply them to the home. We have a monthly draw for a free Boston Pizza Child Meal!

Starting January 6th, we will have After School Skating Club at Frank Lacroix Arena on Monday afterschool 2:45 - 3:45. Parents are welcome to join us on the ice as long as they have skates, wear an approved helmet if you are skating, and have completed the Criminal Record Check. We also appreciate parent volunteers to help support the students walking to the arena and getting skates on.

We have our first ski day at Vista Ridge for Grades 4 to 6 on January 24th. Forms will be coming home very soon!!

Thanks for your continued support and I look forward to great things in 2020! As we continue #MovingMountains as we strive towards Lighthouse Milestone.

God Bless,

Mr. Sheldon Germain
Principal

January HOT LUNCH

7th - Boston Pizza

9th - Mitchell's Café

10th - STACS

14th - Pizza Hut

16th - STACS

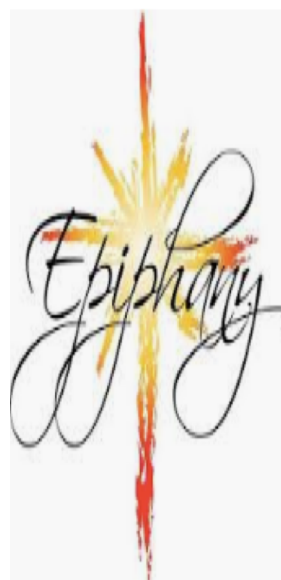
21st - Boston Pizza

23rd - Mitchell's Café

28th - Pizza Hut

30th - Booster Juice

February Hot Lunch Opens January
14 and closes on January 28!



Liturgy

Thursday,
January 9th @
2:00pm
Hosted by 1M
Everyone Welcome

Good Shepherd Music News

Thank you for everyone's help with our Christmas concerts. We had lots of excitement. The kids looked great and performed so well. We are looking for some donations: parts of a drum set, any old electronic keyboards, small or large, kids karaoke machine. Thank you!

Clubs:

Mondays after school will transition into our guitar club, aimed at grade 5 and 6. Grade 4s who have played ukulele before are welcome to attend.

Ukulele club will be Monday at AM recess. Grades 3 and up.

We are preparing to offer violin classes Wednesdays after school. Instruments do need to be purchased, and can be purchased through Mr. MacLean. Open to Grade 2 and up.

Handbell Club will be starting the second week of January on Thursdays after school. Div II only.

Please Visit Mr. McLean's Website for more information:
<https://tinyurl.com/yygsctgv>

**THANK YOU, THANK YOU, THANK YOU!!
TO CLUB 63 for the generous donation of Books!**

Reading is the magic key to take you where you want to be!

AFTER SCHOOL SKATING PROGRAM

Mondays - 2:45-3:45

Division 1

January 13th, 27th, & February 10th

Division 2

January 6th, 20th, & February 3rd

Skates and Helmet required – even for volunteers!



Weather Policy

It is that time of year when it is starting to get cold. It is very important that students are coming to school dressed for the weather with warm hats, mittens, snow pants, jackets, and boots. Our school's weather policy is that students will be going outside for recess to get fresh air unless the temperature reaches below -20°C (including the wind chill). Our weather policy is in place for the entire school day including prior to our first bell at 8:05am. If it is below -20°C in the morning, the students will go to their own door where they will enter the school to participate in our Walking Club.

Morning Walking Club in the Gym

When the weather gets colder ALL students in Grades 1-6 will attend "Walking Club" from 7:50-8:05am.

As students arrive in the morning, the outside supervisors will have their door unlocked. Students are to enter the school through their assigned entrance, hang up their outdoor clothing, backpacks and remove boots, quickly collect their indoor shoes, then head straight to the Gym for "Walking Club!"

- . Students in EEP and Kindergarten are welcome to join the "Walking Club" however, a parent or guardian must stay with them.

When the first bell rings, students will make their way to their classroom for the start of a fantastic day!





Polar Bear Club

Hello Good Shepherd Families,

Fort McMurray Catholic Schools are instructed to keep our students indoors during recess on days when the combined cold and wind chill values reaching -20 degrees Celsius.

With permission from our Superintendent, we have the ability to hold **VOLUNTARY/OPTIONAL** outdoor recesses when the temperature falls to -21 to -27 degrees. **This exception is available to students in Grades 1, 2, 3, 4, 5 and 6.**

The criteria for outdoor recess on colder days are as follow:

- ✓ There must be a staff member(s) willing to supervise the children while outside
- ✓ Students will only be allowed outside with a supervisor **ONCE THEY HAVE OBTAINED WRITTEN PERMISSION** from a parent or guardian.
- ✓ Students **MUST** be dressed appropriately for winter weather. i.e. - snow pants, winter jacket, mittens, hat, winter boots, etc. Students who are not dressed accordingly will not be permitted outside even if they have permission from parents. This is at the discretion of the administration and teacher.

Please return signed permission slips ASAP if you are allowing your child to participate in our Polar Bear Club.

Student Name: _____ Class: _____

Parent Name: _____

Parent Signature: _____

God Bless,

Sheldon Germain
Principal

7 HABITS OF HAPPY KIDS: HABIT 4

Think Win-Win - Everyone Can Win!

STUDENTS HAVE BEEN LEARNING ABOUT HABIT 4. IT TEACHES STUDENTS THAT EVERYONE CAN BE A WINNER.

TO THE RIGHT, YOU'LL FIND A CHECKLIST OF CHARACTERISTICS OF SOMEONE WHO THINKS WIN-WIN. WHILE STUDENTS ARE ENCOURAGED TO USE THESE CHARACTERISTICS AT SCHOOL, PLEASE REINFORCE THEM AT HOME BY COMPLETING ONE OF THE ACTIVITIES BELOW.

Think Win-Win by:

- Encouraging others
- Solving conflicts
- Being considerate
- Being a bucket filler
- Looking for 3rd alternatives

STORY TIME	TALK TIME	WORK TIME	PLAY TIME
READ "RAINBOW FISH" BY MARCUS PFISTER AND DISCUSS THE WIN-WIN IN THE STORY.	TALK TO YOUR CHILD ABOUT THINGS THAT COULD BE A WIN- WIN FOR DOING HOMEWORK.	WHEN YOUR CHILD IS DOING CHORES, TALK ABOUT HOW CHORES ARE A WIN-WIN FOR THE FAMILY.	DO A FUN ACTIVITY WHERE YOUR CHILD IS ABLE TO USE THE THINK WIN-WIN HABIT.

The _____ family completed a Think Win-Win Activity.

Student Name: _____

Grade: _____

Complete and return the bottom part of this sheet to be entered into a monthly draw. Please drop off in the office or have it passed in to your child's teacher.



Circle of Security®

PARENTING SERIES



WINTER 2020 SCHEDULE

CIRCLE OF SECURITY

TUESDAYS

Session 1 : January 21

Session 2: January 28

Session 3: February 04

Session 4: February 11

Session 5: February 18

BREAK

Session 6: March 03

Session 7: March 10

Session 8: March 17

Location and Time:

Good Shepherd 8:30 am - 10:00 am

Father Turcotte 1:30 pm - 3:00 pm

THURSDAYS

Session 1 : January 23

Session 2: January 30

Session 3: February 06

Session 4: February 13

Session 5: February 20

BREAK

Session 6: March 05

Session 7: March 12

Session 8: March 19

Location and Time:

Father Beauregard 8:15 am - 9:45 am

St. Gabriel 1:00 pm - 2:30 pm

For more information please contact Chantal Seymour
at chantal.seymour@fmcscd.ab.ca